



**State of New Hampshire
Department of Health and Human Services**

**COVID-19 Public Health for the
Child Care Community**

We will begin promptly at 5:15pm



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**COVID-19 Public Health for the
Child Care Community**

Hello! And a few Logistics

Everyone is muted so we can all hear well.

This call is being recorded.



Hello! And a few Logistics

To share your questions, ideas and solutions:

- If you are on a computer, use the Zoom Chat 
- If you are participating by phone, send an email to **CCLUOffice@dhhs.nh.gov**



Hello! And a few Logistics

5

**This PowerPoint, the recording of the call
and the chat will be posted at:**

nh.childcareaware.org



**State of New Hampshire
Department of Health and Human Services**

COVID-19 Public Health for the Child Care Community

Wednesday March 25, 2020

5:15pm to 6:00pm

Agenda

1. Logistics
2. Welcome and purpose
3. COVID-19 basic information
4. Think you have COVID-19?
5. Health screening at entry
6. If someone develops COVID-19 or symptoms
7. Returning to a child care facility after COVID-19 illness
8. Daily functions & COVID-19
9. Hygiene procedures
10. FAQS



Today's Speakers are:



Benjamin P. Chan, MD



Beth Daly



Melissa Clement

New Hampshire Department of Health and Human Services



Welcome & Purpose



COVID-19 Basic Information

- What is coronavirus (COVID-19)?
- How is it spread?
- What are the symptoms?
- What do we know about symptoms in infants and children?
- Who are considered “at risk for serious complications”?



Think you have COVID-19?

- If you develop any symptoms of fever (subjective or documented), respiratory illness (cough, sore throat, runny nose, shortness of breath), or mild flu-like illness (fatigue, chills, muscle aches) call ahead to your healthcare professional and they will determine if you need to be tested
- Anyone with symptoms who is not tested and can be managed at home should self-isolate until:
 - At least 7 days have passed since symptoms first appeared AND
 - At least 72 hours (3 days) have passed since recovery (resolution of fever without the use of fever-reducing medications and improvement in other symptoms)



Health Screening at Entry – for Children and Staff

- Develop a process for checking all staff and children entering your facility for a fever and other symptoms of COVID-19 (see previous slide) daily before entry into childcare.
- Ask about any close contact with someone who is confirmed or suspected to have COVID-19 in the prior 14 days
- Ask about any domestic or international travel in the prior 14 days



What to do if Children, Staff or Parents Develop COVID-19 or Symptoms

- Staff or children with symptoms (see prior slide) should be excluded from the facility
- Children with household members who are known to have COVID-19 should be excluded from the facility
- If a child/staff member develops symptoms *while at the facility*:
 - Separate person until they are able to leave
 - If symptoms persist or worse call health care provider for guidance
 - Advise employee or child's parent/caregiver to inform facility immediately if person is diagnosed with COVID-19
- If a child or staff test positive contact Bureau of Infectious Disease Control at 603-271-4496. They will advise on next steps, such as what to tell and not tell families, if you need to close, etc.



Returning to a Child Care Facility After Symptoms

If a staff member or child has symptoms of COVID-19 they can return to the child care facility if the following conditions are met:

- At least 7 days have passed since symptoms first appeared

AND

- At least 72 hours (3 days) have passed since recovery*

**Recovery is defined as a resolution of fever without the use of fever-reducing medications and improvement in other symptoms.*



Returning to a Child Care Facility After Close Contact to a Person with COVID-19

If a staff member or child is an identified close contact (within 6 feet) of a person diagnosed with COVID-19 (either suspected to have COVID-19 based on symptoms or confirmed with testing), the staff member or child can return to child care after 14 days have passed since last contact to the person during their infectious period.



Recommendation for Group Size

- Although not required by Governor Sununu's Emergency Order #16 - Temporary prohibition on scheduled gatherings of 10 or more - Child care programs **can consider** reducing group sizes to no larger than 10 people total, including children and adults (e.g., one adult and nine children, two adults and eight children, etc.). Keep groups together throughout the day, do not combine groups (e.g., at opening and closing). To the degree possible, you can decide to maintain the same groups from day to day.



Daily Functions

- Meals and snack time – keep group size small, increase distance between children, do not allow children to serve themselves if you practice family style meals
- Outside play –increase time outside if possible while keeping groupings small
- Transportation (close seating or buses) - Close seating on buses makes person-to-person transmission of respiratory viruses more likely. Those providing transportation to child care facilities should maximize space between riders (e.g. one rider per seat in every other row). Keeping windows open might reduce virus transmission
- Perform frequent cleaning and disinfection of frequently touched surfaces, including door handles, toys, surfaces, etc:
<https://www.cdc.gov/coronavirus/2019-ncov/prepare/disinfecting-building-facility.html>.



Hygiene Procedures

- Hand washing –soap and water for at least 20 seconds, and require handwashing when arriving at the center, entering the classroom, before meals or snacks, after outside time, after going to the bathroom, and prior to leaving for home. Help young children to ensure they are doing it effectively.
- If soap and water are not readily available, using an alcohol-based hand sanitizer with at least 60% alcohol.
- Advise children, families, and staff to avoid touching their eyes, nose and mouth with unwashed hands.
- Cover coughs or sneezes with a tissue, then throw the tissue in the trash and clean hands with soap and water or hand sanitizer (if soap and water are not readily available). Alternatively, cough or sneeze into elbows.



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Your Ideas and Your
Solutions**

