

New Training Collection through Child Care Aware of NH



- » All trainings are free and online.
- » Each training in the collection may be taken individually.
- » Participants will be awarded 1 hour of professional development for completing each training.
- » Credit for completing each training can be accessed through your NH Professional Registry account on your training transcript.
- » Trainings may be accessed through your ProSolutions training account or by creating an account with this link: <https://www.prosolutionstraining.com/login/>.

NH Cares Training Collection

The NHCTC is comprised of 5, 1 hour trainings to support providers, children and their families during these difficult times.



Tender Topics: Handling Trauma with Children and Youth

This course will help with identifying stress related behaviors in young children, as well as ways to talk with them about those events in a supportive way.

Toxic Stress in Young Children

This course will examine the effects of stress on young children, and look at the program director's role in recognizing stress in young children and coaching staff in ways to lessen the impact of stress on children's lives and long-term development.

COVID-19 Guidelines for Early Care and Education Programs

This course will teach how to routinely practice proper cleaning and hygiene guidelines and look at detailed information on COVID-19.

Promoting Professional Resilience in Staff

This course will help you understand why it is important to promote professional resilience in staff.

In It Together: Navigating Virtual Learning for Teachers and Families

This course will provide information about e-learning and how teachers and families can work together to provide the best outcomes for young learners.

Child Care Aware of NH powered by Southern NH Services is excited to provide this new Collection. These new ProSolutions training courses were able to be obtained through the funds provided through a sole source contract under a grant agreement with the State of New Hampshire, Department of Health and Human Services, with funds provided in part by the state of New Hampshire and/or such other funding sources as were available or required, e.g., the United States of Health and Human Services.

