



Hand Talk

Show your child how to tell you he/she is feeling hungry by thumping his/her hand on his/her mouth or rubbing his/her belly. If you do this over and over and then give him/her food while saying the word “hungry,” your child will pick up the symbol and learn to talk to you with his/her hands.



Brainy Background Powered by Mind in the Making

Children can express themselves with their hands (for example, by pointing) long before they can use words. Helping your child learn to use “Hand Talk,” will help him/her learn to communicate with words in the future.