

Tell your child about the colors you like and why: "Yellow reminds me of a sunny day." "Red makes me think my favorite flowers." Watch where he/she is looking and tell him/her about some of the colors he/she is looking at and what they make you think about.



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When your child hears you connect colors to memories, he/she is learning more about you and how you see the world. You are not only helping your child learn to make connections, but also helping him/her begin to shape the story of who he/she is.