

Make a face that expresses a feeling and ask your child to make a face that expresses the opposite feeling. If you make a happy face, he/she should make a sad face. Have a conversation about when he/she remembers people making faces like this.



Brainy Background Powered by Mind in the Making

This game helps your child understand how to understand the emotions of others and express his/her own feelings. It's an important skill that we use every day as adults!